

**FOR IMMEDIATE RELEASE**

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**Matthew 25 Health and Dental Clinic Incorporates Mental Health Counseling**

Matthew 25 Health and Dental Clinic  
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Matthew 25 Health and Dental Clinic of Fort Wayne, Indiana, is expanding their current services to include mental health counseling.

Counseling services that address depression, anxiety, substance abuse, PTSD, and family conflict are now available for those who meet the intake requirements and establish care with Matthew 25, the only full-time non-profit clinic in Allen County that offers primary healthcare at no cost to patients.

Evidence-based psychopharmacology and standard-practice screening tools for depression, generalized anxiety disorder and mood disorders were already in place with medication treatment available from the on-site dispensary. Now added is primary-care-level counseling therapy. Initial providers are senior-level students from the IPFW counseling program.

Medical Director, Dr. Bradley Isbister, shares that “to be able to provide both medication and counseling therapy has a 1+1=3 affect, increasing the best outcome for our patients. By providing all mental health services at the same location we can improve coordination and access to care as well as outcomes and compliance.”

Matthew 25 provides medical, optical, dental, and specialty care to adults who have no insurance and live at or below 150% of the Federal Poverty Guidelines. The Clinic takes no government funding and is run by 29 staff members and over 500 volunteers. Donations are 100% tax deductible. For more information on Matthew 25 or how you can support its community efforts, please visit [www.matthew25online.org](http://www.matthew25online.org) or call our office at 260-469-0467.